

Schedule of the Day . . .

- 9:00 am Registration
- 9:30 am Opening Presentation
- 10:45 am Refreshment Break
- 12:30 pm Program Concludes

“A blessing of these later years is to realize, early, that this stage of life is:

- **full of possibilities,**
- **full of the desire to go on living,**
- **a time to seize the independence to create new activities**
- **and networks of interesting people.”**

Joan Chittister, OSB

Directions . . .

CSJ Ministry Center
1515 West Ogden Avenue
LaGrange Park, IL 60526
(WEST of LaGrange Road and EAST of I-294)
main switchboard: 708-354-9200

From Chicago on the Eisenhower (I-290):
Exit at LaGrange Road SOUTH (same as Mannheim Road/Rte. 45) and continue SOUTH on LaGrange Road to Ogden. Turn RIGHT onto Ogden (going WEST) and proceed one mile to the 4th traffic light, which is Gilbert/Willow Springs Road. Turn RIGHT into the complex and RIGHT into the Ministry Center parking lot.

From the Tri-state 294:
Exit at Ogden Avenue EAST (Western Springs) and continue on Ogden past Wolf Road to the next light, which is Gilbert/Willow Springs Road. Turn LEFT into the complex and RIGHT into the Ministry Center parking lot.



**Intercommunity Retirement Network
for Religious & Clergy**
1515 West Ogden Avenue
LaGrange Park, IL 60526-1721
Ph: 708-579-2658 network@irnrc.org

Growing Old Gracefully

with

Carolyn Gorny-Kopkowski, OSB

based on the book,
The Gift of Years

**Saturday, April 2, 2011
9:30 am to 12:30 pm**

**CSJ Ministry Center
LaGrange Park, Illinois**

About the Day . . .

Carolyn's presentation is based on Joan Chittister's book *The Gift of Years*. The audience will gain insights relative to their own experiences founded in the concepts of:

- *Meaning*
- *Newness*
- *Immediacy*
- *Letting Go*



**For age is opportunity,
no less than youth itself,
though in another dress,
Henry Wadsworth
Longfellow observed, and
as the evening twilight fades
away, the sky is filled with
stars, invisible by day.**

About the Speaker . . .



Sister Carolyn Gorny-Kopkowski, OSB

is a member of the Benedictine Community of Erie, PA. She holds a Master's Degree in Creation Spirituality and currently facilitates seasonal retreats and a wide variety of programs around the country. Since 1983 Sr. Carolyn has worked with church and lay leadership as well as with people in bereavement and people with addictions.

In addition to being a retreat facilitator and educator, Sr. Carolyn's experience includes several community positions of leadership. She is proud to have served for 12 years on the Leadership Team of the Erie Unit of **Church Women United**, an ecumenical international organization.

Registration . . .

Fee: \$15.00 Women/Men Religious and Employees of Network Congregations

Name: _____

Congregation: _____

Address: _____

City, State, ZIP: _____

Phone: _____

E-Mail: _____

Additional Attendee Names:

1. _____

E-Mail: _____

2. _____

E-Mail: _____

3. _____

E-Mail: _____

(attach a sheet of paper with additional names)

Amount enclosed:

\$15 x _____ attendee's = \$ _____

\$20 x _____ attendee's = \$ _____

Please make checks payable to

Intercommunity Retirement Network

Registration deadline: March 28, 2011 to:

Intercommunity Retirement Network

1515 West Ogden Avenue

LaGrange Park, IL 60526-1721

For information, call 708-579-2658

